Supplementary Table S1. Item-wise responses to the DASS-21 (n = 385)

Item No.	Did not apply to me at all n (%)	Applied to some of the time n (%)	Applied to me to a good part of the time n (%)	Applied to me very much, or most of the time n (%)
1	102 (26.5)	158 (41.0)	83 (21.6)	42 (10.9)
2	183 (47.5)	143 (37.1)	44 (11.4)	15 (3.9)
3	161 (41.8)	132 (34.3)	67 (17.4)	25 (6.5)
4	234 (60.8)	97 (25.2)	49 (12.7)	5 (1.3)
5	168 (43.6)	132 (34.3)	66 (17.1)	19 (4.9)
6	158 (41.0)	135 (35.1)	74 (19.2)	18 (4.7)
7	221 (57.4)	119 (30.9)	43 (11.2)	2 (0.5)
8	124 (32.2)	137 (35.6)	80 (20.8)	44 (11.4)
9	187 (48.6)	140 (36.4)	41 (10.6)	17 (4.4)
10	193 (50.1)	113 (29.4)	60 (15.6)	19 (4.9)
11	153 (39.7)	145 (37.7)	64 (16.6)	23 (6.0)
12	124 (32.2)	154 (40.0)	84 (21.8)	23 (6.0)
13	163 (42.3)	135 (35.1)	63 (16.4)	24 (6.2)
14	168 (43.6)	127 (33.0)	74 (19.2)	16 (4.2)
15	239 (62.1)	106 (27.5)	36 (9.4)	4 (1.0)
16	166 (43.1)	125 (32.5)	64 (16.6)	30 (7.8)
17	225 (58.4)	98 (25.5)	44 (11.4)	18 (4.7)
18	178 (46.2)	130 (33.8)	59 (15.3)	18 (4.7)
19	205 (53.2)	128 (33.2)	45 (11.7)	7 (1.8)
20	216 (56.1)	128 (33.2)	35 (9.1)	6 (1.6)
21	217 (56.4)	98 (25.5)	46 (11.9)	24 (6.2)